



OCTOBER 2026

MANCHESTER SENIOR SOCIAL

- 1 COLONIAL DR. MANCHESTER
MONDAY – FRIDAY 8:30AM-4PM
- 82 LACEY RD. WHITING
TUESDAY, WEDNESDAY, THURSDAY 8:30AM-4PM



732-849-8305
OUTREACH@MANCHESTERTWP.COM

CHAIR YOGA

WHITING ANNEX

82 Lacey Rd.

Classes start at

10:30AM

Monday, October 5th

Monday, October 19th

Monday, October 26th

CALL 732-849-8305

TO REGISTER.

CHAIR YOGA

MANCHESTER TOWN HALL

CIVIC CENTER

1 COLONIAL DR.

Classes start at

10:30AM

Friday, October 2nd

Friday, October 9th

Friday, October 16th

Friday, October 23rd

Friday, October 30th

CALL 732-849-8305

TO REGISTER.

WOOD SIGN CRAFTS

WHITING ANNEX

82 Lacey Rd.

MONDAY, October 19th

at 12:00PM

CALL 732-849-8305

TO REGISTER.

WOOD SIGN CRAFTS

MANCHESTER TOWN HALL-CIVIC

CENTER

1 COLONIAL DR.

THURSDAY, October 15th

at 12:00PM

CALL 732-849-8305 TO

REGISTER.



Funded in part by a grant
from the Ocean County
Board of Commissioners