



MARCH 2026

MANCHESTER SENIOR SOCIAL

1 COLONIAL DR. MANCHESTER
MONDAY – FRIDAY 8:30AM-4PM
82 LACEY RD. WHITING
TUESDAY, WEDNESDAY, THURSDAY 8:30AM-4PM

732-849-8305
OUTREACH@MANCHESTERTWP.COM

CHAIR YOGA

WHITING ANNEX

82 Lacey Rd.

Classes start at

10:30AM

Monday, March 2nd

Monday, March 9th

Monday, March 16th

Monday, March 23rd

Monday, March 30th

**CALL 732-849-8305
TO REGISTER.**

NUTRITION

PRESENTATION

MANCHESTER TOWN HALL

CIVIC CENTER

1 COLONIAL DR.

Friday, March 6th

10:00AM-10:30AM

**CALL 732-849-8305 TO
REGISTER.**

CHAIR YOGA

MANCHESTER TOWN

HALL CIVIC CENTER

1 COLONIAL DR.

Classes start at

10:30AM

Friday, March 6th

Friday, March 13th

Friday, March 20th

Friday, March 27th

**CALL 732-849-8305
TO REGISTER.**

Candy Bar Bingo!

WHITING ANNEX

82 Lacey Rd.

Monday, March 9th

1:00pm

**CALL 732-849-8305
TO REGISTER.**

Bird House Painting!

MANCHESTER TOWN HALL

CIVIC CENTER

1 COLONIAL DR.

Thursday, March 19th

1:00PM

**CALL 732-849-8305 TO
REGISTER.**

Candy Bar Bingo!

MANCHESTER TOWN HALL

CIVIC CENTER

1 COLONIAL DR.

Thursday, March 5th

1:00PM

**CALL 732-849-8305 TO
REGISTER.**

Bird House Painting!

WHITING ANNEX

82 Lacey Rd.

Monday, March 23rd

1:00pm

**CALL 732-849-8305 TO
REGISTER.**



Funded in part by a grant
from the Ocean County
Board of Commissioners