



**MAY 2025**

# **MANCHESTER SENIOR SOCIAL**

1 COLONIAL DR. MANCHESTER  
MONDAY – FRIDAY 8:30AM-4PM  
82 LACEY RD. WHITING  
TUESDAY, WEDNESDAY, THURSDAY 8:30AM-4PM

732-849-8305  
OUTREACH@MANCHESTERTWP.COM

## **PINELANDS FLORA & FAUNA**

This presentation includes the sights and sounds of the Pinelands while taking the audience on a walk in the woods familiarizing them with the plants and wildlife of the legendary Pine Barrens.

**MANCHESTER TOWN HALL - CIVIC CENTER**

**1 Colonial Dr. Manchester**

**Thursday, May 1<sup>st</sup>**

**1:00PM**

**CALL 732-849-8305  
TO REGISTER.**

## **ABC's of Diabetes**

Presented by Hackensack Meridian Health

**MANCHESTER TOWN HALL - CIVIC CENTER**

**1 Colonial Dr. Manchester**

**Thursday, May 15<sup>th</sup>**

**1:00PM**

**CALL  
732-849-8305 TO  
REGISTER.**

## **CHAIR YOGA**

**MANCHESTER TOWN HALL - CIVIC CENTER**

**1 Colonial Dr. Manchester**

**10:30AM**

**Friday, May 9<sup>th</sup>**

**Friday, May 16<sup>th</sup>**

**Friday, May 23<sup>rd</sup>**

**Friday, May 30<sup>th</sup>**

**CALL 732-849-8305 TO  
REGISTER.**

## **PINELANDS FLORA & FAUNA**

This presentation includes the sights and sounds of the Pinelands while taking the audience on a walk in the woods familiarizing them with the plants and wildlife of the legendary Pine Barrens.

**WHITING ANNEX.**

**82 Lacey Rd. Whiting**

**Monday, May 5<sup>th</sup>**

**1:00PM**

**CALL 732-849-8305  
TO REGISTER.**

## **ABC's of Diabetes**

Presented by Hackensack Meridian Health

**WHITING ANNEX.**

**82 Lacey Rd. Whiting**

**Monday May 19<sup>th</sup>**

**1:00PM**

**CALL  
732-849-8305 TO  
REGISTER.**

## **CANDY BAR BINGO!**

**MANCHESTER TOWN HALL CIVIC CENTER**

**Thursday, May 29<sup>th</sup>**

**1:00PM**

**CALL  
732-849-8305 TO  
REGISTER.**



Funded in part by a grant from the Ocean County Board of Commissioners